RYE PACK 2 CAMPING SHOPPING LIST (Revised 12/28/18)

GENERAL GUIDELINES:

- 1) How many attendees are coming? Please ask if you weren't told. Attendees = parents+scouts+siblings
- 2) <u>How much to buy?</u> Amounts on the shopping list below are sized based on number of attendees. Please then round UP if necessary for package sizing. (For example: 1 hamburger per attendee x 65 attendees = 65 hamburgers / 20 hamburgers per package = 4 packages). Please try not to over- or under-buy we don't like to waste food or money!
- 3) Where to shop? Whole Foods is great quality but too expensive for the Pack's budget. Costco is great value but their sizes often result in significant waste. A standard super market such as Stop & Shop or ACME is recommended.
- 4) **NO NUTS**: Due to the prevalence of allergies, please do not buy any foods that include nuts. Trail mix ingredients are a particular area to watch.
- 5) <u>Leftovers</u>: Please send any leftovers home with campout attendees do not put them in the scout closet at Rye Presbyterian Church.

STANDARD MENUS (for background):

In order to keep things simple we have the same general menu for all of our campouts — it may be a little boring but we only do campouts every 3 months or so! Everyone provides their own lunch on Saturday.

- 1) <u>Saturday Snack</u>: Trail mix (All ingredients combined should come out to 4-6 oz/scout; e.g., if all your ingredients combined come to 5 lbs, you've got enough trail mix for ~20 scouts.)
- 2) <u>Saturday Dinner</u>: hamburgers, hot dogs, "hobo packs" (hamburgers and carrots, potatoes and onions cooked in aluminum foil w/ Worchestershire sauce/ketchup and other seasonings), grilled/baked potatoes, green salad, raw carrots, Dutch Oven peach cobbler
- 3) Saturday Campfire: S'mores
- 4) Sunday Breakfast: breads, fruit, coffee, tea, orange juice

SHOPPING LIST:

1. PRODUCE:

- a. Onions: 1 (1) large, sweet onions per every 10 attendees (for "hobo packs", salad, hamburgers)
- b. <u>Carrots</u>: One (1) small, 1 lb, bag of pre-peeled baby carrots for every 20 attendees (for "hobo packs", salad, and to eat raw)
- c. Potatoes: 1 lbs per 20 attendees (for "hobo packs" and grilled as a side)
- d. Lettuce: One (1) head per 15 attendees, for salad and hamburgers.
- e. Tomatoes: One (1) large tomato per 10 attendees, for salad and hamburgers
- f. <u>Fresh fruit</u>: Apples, oranges, bananas: 1 piece/attendee. Please make sure the fruit is ripe or will be ripe by the campout especially those green bananas!

2. MEATS:

- a. Frozen hamburgers: One and 1/4 (1.25) per attendee (please buy the bulk ones in plastic sleeves)
- b. Hot dogs: One (1) per attendee

3. DAIRY/DELI:

- a. American cheese: One slice per participant
- b. <u>Butter</u>: One (1) standard box (1lb; 4 sticks) per 30 participants (for breakfast pastries, dinner potatoes, cobbler); PLEASE DO NOT PUT IN THE COOLER OR IT WILL BE TOO HARD TO USE.
- c. Orange juice: One standard half-gallon bottle/box per 20 participants (breakfast)
- d. Half and Half for coffee, 4 oz/adult.

4. DRINKS:

- a. <u>Lemonade</u>: One (1) large 82.5 ounce canister of pre-sweetened powder (or equivalent)
- b. <u>Cocoa / Hot Chocolate</u>: Single-serving, "just-add-hot water" packets, ~1.5 packets per scout/sibling attendee
- c. Coffee: One (1) pound, ground, good quality
- d. Tea: Small box, ~20 packets
- e. Sugar and Sucralose: One (1) small box of each, ~6 oz/box, ~ 100 packets/box

5. TRAIL MIX INGREDIENTS:

Note: We only need enough ingredients for one small snack-size ziploc of trail mix per child, 4-6 oz/child total. (i.e, if all your ingredients combined come to 5 lbs, you've got enough trail mix for ~20 scouts)

- a. <u>Cereals and salty snacks</u>: e.g. granola (without nuts), Chex cereal, mini pretzels, other salty non-nut snacks
- b. M&M's or chocolate chips
- c. <u>Dried fruit</u>: e.g. raisins, cranberries, cherries, strawberries, pineapple, banana, coconut, etc.

6. S'MORES INGREDIENTS:

- a. <u>Marshmallows</u>: One (1) standard size bag (~10.5 oz) of standard size marshmallows per 15 attendees (~35 marshmallows per bag)
- b. Graham crackers: One (1) standard size (~14.4 oz) box per 35 attendees (48 s'mores/box)
- c. <u>Hershey's chocolate bars</u> (plain milk chocolate): One (1) standard size (1.55 oz) bar for every 3 attendees (for s'mores; 4 s'mores per bar)

7. COBBLER INGREDIENTS:

- a. Yellow cake mix: Three (3) standard size boxes (~15 oz)
- b. Canned peaches: Six (6) ~30oz cans
- c. Whipped cream: Three (3) tubs or cans (as garnish)

8. CONDIMENTS:

- a. Ketchup: One (1) ~14 oz bottle per 35 attendees
- b. Mustard: One (1) ~8 oz bottle per 35 attendees
- c. <u>Italian Dressing</u>: One (1) ~8 oz bottle per 35 attendees (for salad and hobo packs)
- d. Ranch Dressing: One (1) ~8 oz bottle per 35 attendees (for salad and carrots)
- e. Worcestershire Sauce: One (1) ~10 oz per 35 attendees (for hobo packs and hamburgers)
- f. Salt & Pepper: One (1) small shaker of each (such as the disposable sets)

9. SERVING/COOKING/CLEANING PRODUCTS:

- a. Charcoal: Three (3) large 15 lb bags ("Instant Light" best)
- b. Charcoal lighter fluid: One (1) can, 32 oz
- c. Aluminum foil, heavy duty: One (1) 50 ft roll (for hobo packs)
- d. Snack-size zip-lock bags One (1) bag per child attendee (scouts + siblings; for Trail Mix)
- e. <u>Paper towels</u>: One large (1) roll per 15 attendees or one (1) standard/thin roll per 10 attendees (for napkins + clean-up)
- f. Hand sanitizer: Two (2) small pump bottles, 8 oz
- g. Sharpie markers: Two (2) (for labeling hobo packs)
- h. Disposable aluminum chafing/serving dishes (no stands): Eight (8) (for salad, s'mores, etc.)
- i. ~1 oz Bleach: (½ oz in dishtub for disinfectant rinse) **Don't buy—Bring from home**
- j. ~4 oz Dishwashing Liquid: **Don't buy—Bring from home**

10. BREADS:

- a. <u>Hamburger buns</u>: Whole wheat if available. Four (4) buns per 5 hamburgers purchased. (Buns aren't used in hobo packs.)
- b. Hotdog buns: Whole wheat if available. One (1) bun per hotdog purchased
- c. <u>Breakfast breadstuff</u>: Any combination of bagels, muffins, croissants: 1 per attendee. (Avoid high sugar pastries like doughnuts, etc.)